Profile

The field of aesthetic medicine has grown in popularity over the last decade, with more people embracing the notion of improving one's appearance with professional help. The right treatment can vastly improve one's confidence, helping them to put their best foot forward and live life to the fullest.

This desire to help people improve their quality of life was what led Dr. David Loh, a pioneer in the field of aesthetic medicine, to open David Loh Surgery in 2002.

As one of the first doctors to learn about and bring advances in aesthetic medicine to local shores, Dr. Loh is well-versed in the wide range of treatments available, but advocates only those that have been scientifically evaluated for safety and efficacy.

His personal ethos is to tailor treatments to the patient's needs, recommending only what is appropriate. At David Loh Surgery, you can also be assured of the highest degree of discretion and attentiveness to your needs. As your safety is paramount, only treatments that have undergone clinical trials – and thus proven to be safe and effective – are used.

Contributions to the Field

Today, Dr. Loh has published several papers in medical journals, including a case report co-authored with three other doctors that was awarded Gold in its category by international medical journal *Plastic & Reconstructive Surgery.* His research has made significant contributions to the field, including consensus papers on preventing and managing complications, as well as procedures and techniques for administering injections.

As part of his dedication to collective excellence, he also trains newer doctors in improved administering techniques, ensuring his knowledge is passed on to future generations of medical practitioners.

Dr. Loh is also the President of The Society of Aesthetic Medicine (Singapore), a fellowship of medical practitioners who share their best practices and guide each other in the field, advancing the collective knowledge of Singapore's aesthetic medicine community as a whole. Dr Loh has been contributing to the Society as part of the executive committee since its inception in 2005, stepping up to helm the Society as President in 2018.

A Journey that Spanned Decades

Dr. Loh's journey began in 2002, when the field of aesthetic medicine had yet to become the well-known industry it is today. A general practitioner (GP) at first, his interest in aesthetic medicine was piqued as more patients came to him for aesthetic treatments and left feeling more confident. As he noticed how much aesthetic treatments could add to one's quality of life, he began to conduct research into procedures such as Botox administration and other techniques, even attending a conference overseas in 2004 to meet the creators of Botox.

At the time, the field of aesthetic medicine was quietly gaining traction as the idea of improving one's appearance and life began to take hold in the public consciousness. Treatments varied from breast implants to facelifts, while on the other end of the spectrum there were the more common anti-ageing creams and intense pulsed light (IPL) therapy.

Together with a small group of other doctors, Dr. Loh furthered his training in aesthetic medicine overseas and brought these advancements back to Singapore shores. He made several trips to learn about new techniques, examine the latest equipment, and attend conferences to share knowledge with fellow medical practitioners. This lifelong pursuit of knowledge led him to develop close relationships with many of the key individuals in the industry.

A New Hope For the Future

Today, the field of aesthetic medicine has been transformed, in large part due to Dr. Loh and his compatriots' efforts in passing their knowledge on to fellow doctors and educating the public. The formation of the Society of Aesthetic Medicine also played a key role in bringing individual doctors together to form a representative body, where knowledge is shared among colleagues in order to advance the community as a whole and provide better treatments to patients everywhere.

Dr. Loh now practices at David Loh Surgery, which has two clinics based in Wheelock Place and Novena Medical Centre. He continues to offer non-invasive aesthetic treatments such as Botox, fillers, and threadlifts – all of which are performed with safe, scientifically-proven techniques. Discretion and attentiveness are of paramount importance, and so is Dr. Loh's principle of providing guidance on the right treatment tailored to each patient.

When it comes to new frontiers for the next twenty years, Dr. Loh believes that there will be better techniques that are even gentler and require less downtime. Gene editing and anti-ageing treatments on the molecular level, refinement of energy therapy for more effective results, and improvements in injection techniques are just some of the advancements we may see. It is his hope that there will be more sharing and research conducted by the medical community so as to bring ever-safer treatments to patients.